

Reduce your greenhouse gas emissions with these **FREE ACTIONS** [and save money too!]



1

Eat local food:

Supporting local producers and growing your own food reduces dependence on shipping food.



2

Make sure your dishwasher is full:

Dishwashers use less water, energy and soap than hand-washing, but only if used properly.



3

Adjust your thermostat:

You can save energy by lowering the temperature strategically, like when you go to sleep.



4

Unplug electronics:

Many devices consume energy even when they're turned off.



5

Turn off lights when you leave the room:

Lights stop using energy as soon as they are turned off, so your savings add up by the minute.



6

Take shorter showers:

15 percent of a typical energy bill is spent heating water.



7

Wash your clothes in cold water:

Cold water washing reduces fading, shrinkage and wear of clothes.



8

Hang your laundry:

Other than your fridge, dryers use more energy than other home appliances.



9

Consider other transportation options:

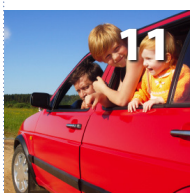
If you walk or ride your bike just 2.5 kilometres to work, you can save more than \$250 per year.



10

Slow down:

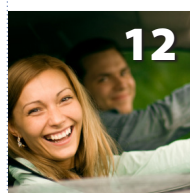
For every hour you drive at 100 km/h instead of 120 km/h, you will save you about \$5.



11

Carry less weight in your vehicle:

The more weight you carry in your car, the more fuel your vehicle burns.



12

Combine vehicle trips:

By organizing your errands, one efficient excursion can avoid several small trips.



13

Open your car windows to cool down:

You can save fuel during low-speed driving by reducing how much you use air conditioning.



14

Maintain tire pressure:

Proper tire inflation maximizes fuel economy and prolongs tire life.



15

Stop idling:

Idling for more than 10 seconds costs more than turning your engine off.